



**CANADA SNOWBOARD  
PAN-CANADIAN POLICY  
SANCTIONING POLICY**

**AIR BAG, TRAMPOLINE, DRY SLOPE, WATER RAMP**

**POLICY STATEMENT:** This policy document has been drafted to define the conditions under which Canada Snowboard, the national governing body for snowboarding in Canada, and its PTSAs will approve and sanction the following activities for Canada Snowboard Members; Air Bag, Trampoline, Dry Slope, Water Ramp

<b>Policy Category:</b>	Memberships
<b>Approval Authority:</b>	Sport System Development Director
<b>Approval Date:</b>	July 20, 2022
<b>Next Review Date:</b>	Every two years

***This Policy has been prepared by Canada Snowboard and is a Pan-Canadian Policy applicable to Canada Snowboard and its PTSAs. This document cannot be modified by a PTSA without consultation and approval from Canada Snowboard.***

**Purpose**

1. To ensure the safe sanctioning of activities including air bag, trampoline, dry slope and water ramp training to protect Canada Snowboard's Athletes and Coaches.

**Scope and Application**

2. For the sanctioning of air bag, trampoline, dry slope and water ramp training to ensure a safe training environment.

**Policy Details:**

3. Trampoline training is a recognized and approved training tool for many Snowboard athletes under certain controlled conditions. This is also true for water ramp; air bag; or on snow with respect to aerial maneuvers.
4. In all cases, approval for the use of trampoline; air bag; water ramp; and on-snow features depends on strict, on-site supervision by qualified coaches who will directly supervise and qualify those athletes who plan to perform inverted skills on these various devices/features.
5. The following criteria must be met in order for Canada Snowboard and its PTSAs to sanction any of the above training sessions with the information provided when requesting the sanction.
6. Submit your sanction request and supporting documents to the PTSA. Please allow at least 2 weeks for processing.



## 7. Additional Location Notes:

### a. Air Bag or Water Ramp Training:

Inflatable air bags may be used for training inverted air maneuvers only on approval by Canada Snowboard and Canadian Snowsports Association (CSA). Clubs may submit an application requesting the use of an air bag for training either at the time of submitting their annual club sanctioning application or as an additional Event/Activity Sanction Request. Canada Snowboard and its PTSAs will not sanction the venue, in this case being the air bag, but only the participation of its members in the activity. The air bag must be set up, maintained and taken down by the party responsible for the air bag.

### b. Trampoline or Dry Slope Training:

Trampoline training facilities may be used for training inverted air maneuvers only on approval by Canada Snowboard and Canadian Snowsports Association (CSA). Clubs and PTSAs or National Teams may submit an application requesting the use of a Trampoline or Dry Slope Training facility for use of training at the time of submitting their annual club sanctioning application or as an additional Event/Activity Sanction Request.

In some instances, with the appropriate supporting documentation, Canada Snowboard or a PTSA may sanction a private venue but only for the participation of individuals registered with Canada Snowboard, a PTSA, or a registered club in the activity.

## 8. The Activities

Canada Snowboard and its PTSAs will provide approval and sanctioning of the above activities under the following conditions:

- a. An agreement or proof of insurance for the facility must be supplied to Canada Snowboard or the applicable PTSA from the owner/operator of the facility.
- b. Written authority to use the facility for identified training activities must be obtained from the facility owner/operator. A Copy of this written agreement must be supplied to Canada Snowboard or the applicable PTSA. Permission to use the facility may require the coaches and athletes to sign waivers or hold harmless agreements as a condition of use of the facility.
- c. All training activities must be conducted under the supervision of a coach with the minimum appropriate training and certification from the Canada Snowboard Coaching Program (CSCP) in relation to the [Scope of Practice Policy](#) and as outlined in **Appendix A**.
- d. Coaches are to follow the skill training progressions as outlined by the Canada Snowboard Coaching Program. Particular care should be taken when introducing athletes to a new facility.
- e. Coaches must assess an athlete's skill level and determine if their skill level is appropriate for using the air bag or water ramp.
- f. Coaches must ensure they are following the facility rules and regulations and the facility is safe for operation including that the area is clear of obstructions before allowing the athlete(s) to train. The coach is responsible for controlling access to the facility, allowing the athletes access only when it is safe and ensuring that the facility is only be used by Canada Snowboard members at the time of training.
- g. All athletes are required to wear helmets during training (except during trampoline training).
- h. For Air Bag Training, Coaches must determine the availability of medical services/first aid available and inform the ski area ski patrol that training is taking place or inform facility operators first-aid providers.
- i. All participants must be registered with a PTSA or a registered club.
- j. If the facility is determined to be unsafe following the inspection, the individual responsible for the facility should be notified immediately and training canceled until the required repairs are completed.



- k. Coaches must receive permission from the Ski Area operator and/or facility owner before performing any maintenance work on or near the equipment.
- l. All accidents resulting in injury must be reported immediately to CSF/CSA in accordance with risk management policies.
- m. A sanction request must be provided through SnowReg, either as part of the Club's annual sanction request (completed at the start of the season) or as an additional sanctioned activity request. This request includes the following information:
  - Location/address of where the training will occur
  - Set up and Maintenance guide
  - Photographs of the facility
  - Safety procedures.
  - Head Coach responsible for overseeing the training.
  - Confirmation of height from top of trampoline to ceiling (for trampoline training sanction requests only).

## 9. Facility Inspection

The coach must inspect the facility prior to each training session to ensure it is safe for training. The coach should ensure:

a. ***For Air Bag Training: Work with operator but also ensure:***

- That the anchoring systems are sound and non-hazardous;
- That there is no space between the jumps or table and the air bag.
- It extends a minimum of 5 meters beyond each side edge of the jump or air site table for the entire length of the air bag.
- The jump is properly highlighted to clearly indicate the transition and take off points (e.g. lip) of the jump;
- The air bag is visually inspected on a regular basis during use to ensure that it is still in good working condition;
- The air bag is free of debris (e.g. snowboards, goggles, hats, grooming tools, etc).
- The air bag must not be so firm or provide the opportunity for the athlete to bounce on or off the air bag and it must be set up in an appropriate manner that the athlete lands near the middle of the air bag.
- Airbag manufacturer or designer's specifications and usage requirements must be followed.

b. ***For Trampoline Training: Work with operator if training at private facility but also ensure:***

- Frame level, including both ends;
- Legs attached properly;
- The whole structure in proper place;
- Allen screws on the legs and on the frame are tightened;
- Spring hooks are pointed down;
- Trampoline bed is in a good position;
- Landing mats at both ends of the trampoline;
- Floor mats around the trampoline;
- Spotting decks at the end of the trampoline are strongly suggested;
- No obstacles beside or above trampoline (walls, mirrors, windows, beams, lights);
- Trampolines should be locked when not in use and without proper supervision.



10. Further to the above, and as per the [Canadian Snowsports Policy – Trampoline, Air Bag and Water Ramps](#), CGL insurance will provide CGL insurance to its members and to the such a facility but only on the following conditions:

- a) The CGL coverage is only for members of the CSA through their NSO.
- b) Non CSA/NSO members are not to be mixed in with, or to be using the equipment alongside the CSA/NSO member(s).
- c) All activities must be directly supervised by qualified CSA/NSO coaches.
- d) CSA/NSO coaches are required to closely inspect the equipment before use.
- e) Equipment that is missing components; not properly maintained; or having inadequately protection must not be used.

11. Activities will be covered by Commercial General Liability (CGL) Insurance if:

- a) Activities are sanctioned by CSA/Canada Snowboard; and
- b) Activity participants hold a current Canada Snowboard/PTSA membership; and
- c) Activity Coaches have any required air skill qualifications; and
- d) Activity Coaches hold a current Canada Snowboard/PTSA membership; and
- e) Activity Coaches have the required Canada Snowboard CSCP Coaching Certifications.

12. Insurance Requirements:

Canada Snowboard will provide Commercial General Liability (CGL) Insurance to all Member Clubs, provided the Member Clubs agree to follow the CSA's Risk Management Manual, the Ski Resort's policies, the Dry-Land Training Facility's policies (e.g., trampoline or gym facility, etc.), Canada Snowboard's policies in addition to, but not limited to the following policies:

- a) Canada Snowboard Individual Membership Policy
- b) Canada Snowboard Club Membership Policy
- c) Canada Snowboard Code of Conduct and Ethics
- d) Canada Snowboard Workplace Violence and Workplace Harassment Policy
- e) Canada Snowboard Athlete Protection Policy
- f) Canada Snowboard Privacy Policy
- g) Canada Snowboard Coaching Scope of Practice Policy
- h) Canada Snowboard Concussion Policy
- i) Canada Snowboard Helmet Policy



## Appendix A

### Trampoline, Air Bag & Water Ramp Minimum Standards (as per section 6b in the Canada Snowboard CSCP Scope of Practice Policy)

- i. Snowboard coaches may utilize trampoline, airbag and water ramp facilities to assist in the development of their athletes.
- ii. Coaches working with athletes on these facilities must adhere to the minimum training level:
  1. Trampoline:
    - i. Style Coaches: Comp Intro. Adv. Certified with Air 1 and Air 2
    - ii. Speed Coaches: Comp Intro. Adv. Certified with Air 1<sup>1</sup>
  2. Airbags:
    - i. Comp Intro. Adv. Certified with Air 1 and Air 2
  3. Water Ramp:
    - i. Comp Intro. Adv. Certified with Air 1 and Air 2
    - ii. Competition of a water ramp safety training course or Air 3 (water ramp training)
- iii. Maximum of 16 athletes per one (1) coach who meets the minimum standards with one (1) coach who is working under them.
- iv. Snowboard coaches who do not meet the above requirements, can coach their athletes at a Trampoline, Air Bag or Water Ramp under the supervision of a who does meet the minimum standards.
- v. The rules below apply to the level of skill covered under liability insurance for on snow training:

Move Type	Snowboard Coaching Context	Athlete LTAD Level
Rotation up to 720 with 1 invert/cork	Comp Intro. Certified Coach with Air 1	Learn to Train (3)
Rotation up to 1080 with up to 2 invert/cork	Comp Intro. Adv. Certified Coach with Air 1 and Air 2	Train to Train (4)
Unlimited	Comp Dev. Certified and Beyond with Air 1 and Air 2	Train to Compete (5)

<sup>1</sup> This is under the assumption that speed coaches will be in the trampolines to allow athlete to gain air awareness with minimal rotation.